

Rekindle Your Inner Peace

A Facilitated Retreat to Center, Heal & Rejuvenate



1 pm. Friday, Nov 4 through 1 pm. Sunday, Nov 6th

Hosted at the beautiful Bon Secours Conference & Retreat Center in Marriotsville, MD, this retreat is open to individuals and professionals from all walks of life and at any stage of one's personal journey. Participants will explore symbols and story to validate the wisdom and resilience carried within. It is a time for personal rejuvenation, for reflection on life's meaning, finding joy in spite of pain, healing from the injuries and losses of life and hope for repairing and enhancing connections.

\$695

Registration Fee Includes:

- 14 hours of deep therapeutic engagement
- Private room with queen bed
- 6 prepared hot meals



Dr. Preston-Dillon is a professor and existential psychologist. She has been training clinicians for over 40 years with a strong emphasis on personal immersion

Register [Here](#):

